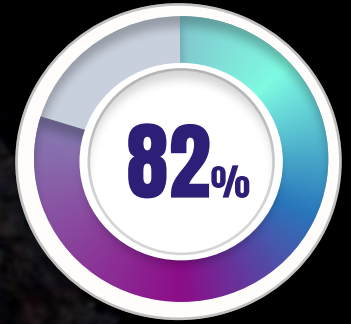
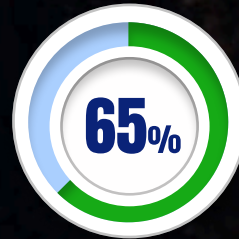


Check your Skin Health in Just **35** SECS

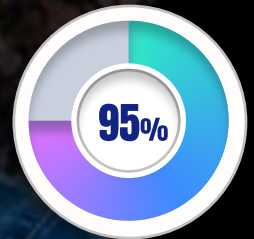
No expensive equipment needed. Just your **smartphone** & our **advanced AI technology** to scan, analyze, and report.



SKIN SCORE



REDNESS



DEHYDRATION

Overall Score



Your skin are in great condition. Continue your current care routine.

Dark Circles

Under-eye darkness level

6 / 10

Low

High

Acne

Active breakouts

2 / 10

Low

High

Uneven Skin Tone

Tone consistency

8 / 10

Low

High

Pores

Pore visibility

3 / 10

Low

High

Jay Patel

02/12/2025

Male

Age: 28

Skin Score

Skin Score

The Skin Score reflects your skin's health, considering hydration, texture, and radiance. A higher score indicates better skin health, while a lower score shows areas for improvement.

Good Condition

75%



Skin Health Breakdown

Skin Age

Skin Age measures how your skin's health and appearance compare to your actual age. A lower skin age indicates healthier, youthful skin, while a higher value suggests areas for improvement.

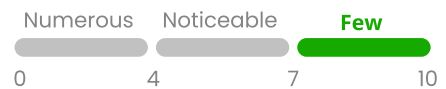
28

Blackheads

Evaluates the skin's elasticity and resilience. Healthy skin maintains firmness with proper hydration and collagen support.

Few

8 / 10



Dehydration

Evaluates your skin's moisture levels, essential for maintaining elasticity and a healthy glow. Adequate water intake and moisturizing can boost hydration.

Moderate

6 / 10



Oil Intensity

Assesses the skin's moisture levels. A consistent skincare routine can help maintain a youthful appearance.

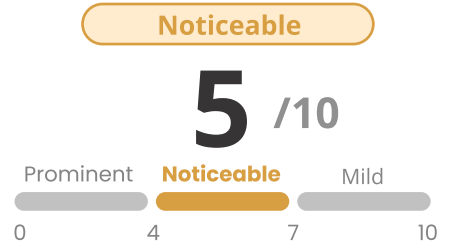
Balanced

5 / 10



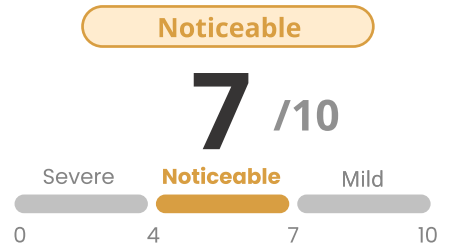
Pores

Analyzes the prominence of pores on your skin. A consistent skincare routine can help reduce their visibility and maintain a refined appearance.



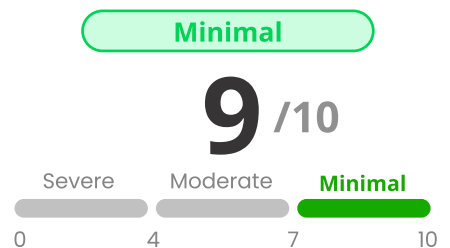
Redness

Assesses the skin's natural glow and vitality. A balanced diet, hydration, and proper skincare enhance radiance.



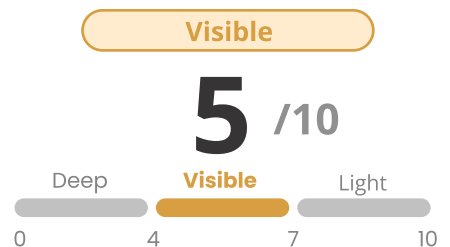
Acne

Analyzes the presence of spots, blemishes, and pigmentation on the skin. Consistent sun protection and skincare can help reduce discoloration.



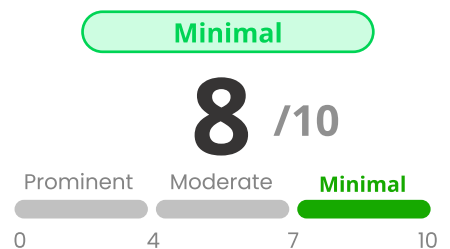
Dark Circles

Assesses skin smoothness and evenness. Uneven texture may result from dryness or clogged pores, improved with hydration and exfoliation.



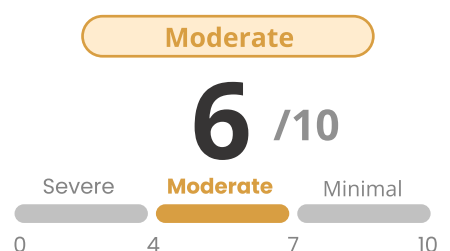
Wrinkles

Evaluates the presence of wrinkles caused by aging or reduced elasticity. Proper hydration and skincare can help reduce their appearance.



Uneven Skin Tone

Skin Age measures how your skin's health and appearance compare to your actual age. A lower skin age indicates healthier, youthful skin, while a higher value suggests areas for improvement.



Recommendation

Morning Routine

- Cleanse your face with a gentle cleaner to remove impurities.
- Apply a hydrating serum to help replenish moisture and prepare your skin.
- Follow with a moisturizer to lock in hydration.
- Finish with a broad-spectrum sunscreen to protect your skin from sun exposure.

Evening Routine

- Cleanse your face thoroughly to remove dirt and any residue accumulated during the day.
- Apply an evening serum to nourish and treat specific skin concerns.
- Use a rich moisturizer to provide deep hydration and support skin repair overnight.

Weekly Treatments


- Incorporate a gentle exfoliating treatment once or twice a week to help improve skin tone and texture.
- Use a hydrating or purifying face mask once a week to address specific skin needs like hydration or pore 0 4 7 10 Moderate 6/10 Severe Moderate Minimal 0| 4 7 10 refinement.


Lifestyle Tip

- Ensure adequate water intake throughout the day to maintain skin hydration.
- Consume a balanced diet rich in fruits, vegetables, and antioxidants for overall skin health.
- Prioritize 7-9 hours of quality sleep to support skin regeneration and repair.
- Implement stress-reduction techniques, as stress can impact skin condition.
- Always apply sunscreen when outdoors to prevent sun damage and premature aging.

Disclaimer

This assessment is only indicative and not necessarily a direct representation of your risk. This report is not diagnostic. If you have any concerns, then please seek guidance from a medical professional who may conduct a physical examination and conduct further diagnostic test as required.

 +91 99206 79826

 G1, Lodha Supremus, Road No.22, Wagle Industrial Estate, Thane West, Thane, Maharashtra 400604

 contact@watchyourhealth.com